

**International Journal of Research  
in  
Pharmaceutical and Nano Sciences**

Journal homepage: [www.ijrpns.com](http://www.ijrpns.com)

<https://doi.org/10.36673/IJRPNS.2021.v10.i03.A18>



**NATURAL AND SYNTHETIC POLYMER BASED MOUTH DISSOLVING TABLET  
OF CLOPIDOGREL**

**Gharge Varsha<sup>\*1</sup>, Phalke Sanjivani<sup>1</sup>, P. S. Bhandare<sup>1</sup>**

<sup>1</sup>Gourishankar Institute of Pharmaceutical Education and Research, Satara, Maharashtra, India.

**ABSTRACT**

Difficulties of swallowing and first-pass metabolism are of the major limitations of oral medicaments resulting in patient non-compliance and poor oral bioavailability. Many of the drawbacks in that can be avoided by the administration of another dosage forms e.g. Mouth Dissolving Tablets (MDTs) that dissolve upon contact with saliva and consequently allowing systemic drug absorption via buccal mucosa. This study aimed to prepare MDTs prepared by Clopidogrel containing disintegrants. MDTs were prepared using different other excipients where powdered blends were evaluated to investigate their flow properties followed by physical evaluation of the directly compressed tablets.

**KEYWORDS**

Mouth dissolving tablets (MDTS), Clopidogrel, Disintegrants and Compressed tablets.

**Author for Correspondence:**

Gharge Varsha,  
Department of Pharmaceutics,  
Gourishankar Institute of Pharmaceutical  
Education and Research, Limb,  
Satara, Maharashtra, India.

**Email:** [ghargevarsha5306@gmail.com](mailto:ghargevarsha5306@gmail.com)

**INTRODUCTION**

Quick dissolving tablets are characterized as "A strong measurement structure containing restorative substances, which breaks down quickly, as a rule inside only seconds, when put upon the tongue" in the event of regular tablets, actual issues with gulping (dysphagia) can happen at whatever stage in life however are especially predominant in the old and those with dementia, though refusal to swallow is frequently experienced in geriatric, pediatric and mental patients. Troubles and protection from tablet-taking are basic in all understanding gatherings. Lately, quick dissolving tablets have been created to defeat issues identified with gulping troubles. Quick Dissolve, Quick

Dissolve, Rapid Melt, Quick Disintegrating, Mouth Dissolving, Orally Disintegrating, Oro Dispersible, Melt-in-Mouth, and so on are terms that address a similar medication conveyance frameworks. The orally crumbling property of tablet is ascribed to a fast entrance of water into the tablet framework, which makes permeable design and result in quick deterioration. At the point when put on tongue, these tablets crumbles promptly, delivering the medication which breaks down or scatters in spit. The medications might be consumed from mouth, pharynx or throat as the salivation passes down into the stomach. Benefits of the Fast dissolving tablets incorporate simplicity of gulping without the guide of water, quick beginning of activity, upgraded disintegration rate, expanded gastric retention, improved oral bioavailability, limited first pass digestion and improved patient consistence<sup>1-3</sup>.

The primary goal of the current exploration work is to form the Clopidogrel Fast Dissolving tablets. Clopidogrel, an antiplatelet drug, has a place with BCS Class-II and used to control Heart assault, Hypertension by restraining Platelet enactment and accumulation. The Fast Dissolving tablets of Clopidogrel were readied utilizing Potato starch and Sodium starch glycolate as a Superdisintegrant by Direct Compression procedure utilizing 3<sup>2</sup> factorial plan<sup>4-7</sup>.

## MATERIAL AND METHODS

### Materials

Clopidogrel were received as gift sample from Cipla Pharmaceuticals, Satara. Potato starch, Sodium Starch Glycolate, Microcrystalline cellulose and Avicel PH 102 were procured from SD Lab chem. Centre Mumbai. All other chemicals used were of analytical reagent grade.

### Method

Fast dissolving tablets of Clopidogrel were prepared by direct compression Method as per formulae given in Table. The super disintegrants (sodium starch glycolate, potato starch) in varying concentration. All the ingredients were passed through # 60. All the ingredients were mixed in a motor and pestle for 5 min. The mixed blend was

compressed into tablets on a Lab press tablet compression machine to a weight of 500mg each, with thickness of 4.2±0.15mm and diameter of 13mm. The prepared tablets were evaluated for the uniformity of weight, drug content, hardness, friability, dispersion time and disintegration time. In solid dosage forms the physiochemical properties of blend rules the tablet quality. The mixing step if not properly optimized can affect the characteristics of blend and thereby tablet produced. The blends were characterized by mass-volume relationship (bulk density, tapped density, Hausner's ratio, compressibility index) and flow properties<sup>8</sup>.

MILLING → SEIVING → MIXING → COMPRESSION

### Evaluation Parameters

#### Pre-compression studies of fast disintegrant tablet granules

##### Fourier Transform Infrared Spectroscopy<sup>9</sup>

The Fourier change infra-red investigation was directed for the construction portrayal. FTIR spectra of the unadulterated medication Clopidogrel. Around 5mg of tests were blended in with 50mg of spectroscopic evaluation KBr, tests were checked in the IR range from 500 to 3500cm<sup>-1</sup>, with a goal of 4cm<sup>-1</sup>.

Pre-pressure investigations of quick disintegrant tablet granules.

##### Mass density<sup>10</sup>

It is proportion of absolute mass of powder to the mass volume of powder. It was estimated by emptying the gauged powder into an estimating chamber and volume was noted as mass thickness (Db)

It communicated in gm/cc and is given by:  $Db = M/Vb$

Where, M= is the mass of powder.

Vb= is the mass volume of powder.

##### Tapped Density<sup>10</sup>

It is the proportion of all out mass of powdered to the tapped volume of powder. The tapped volume was estimated by tapping the powder to a steady volume.

It is communicated in gm/cc and is given by:  $Dt = M/Dt$

Where, M= is the mass of powder.

Vt = is the tapped volume of the powder.

#### **Hauser Ratio<sup>11</sup>**

Hausner Ratio is an aberrant file of simplicity of powder stream. It is determined by the accompanying equation:

Hausner Ratio =Dt/Db

Where, Dt = Tapped thickness

Db = Bulk thickness

Hausner Ratio worth of powder show in table

#### **Growing index<sup>12</sup>**

The examination was done utilizing a 100ml stoppered graduated chamber. The underlying mass volume of 1gm of starch was noted water was included adequate amount of water to deliver 100ml of a uniform scattering and was put away at room temperature and the dregs volume of the swollen mass was estimated following 24 hour.

#### **Carr's file (I)<sup>13</sup>**

It shows the straightforwardness with which a material can be instigated to stream. It is communicated as a rate and is given by

Carr's list (%) = (Tapped thickness – Pour thickness)/Tapped densityX100

Carr's list upsides of powder show in table

#### **Point of rest (θ)<sup>13</sup>**

The frictional power in a free powder can be estimated by the point of rest. It is characterized as most extreme point conceivable between the openly sliding surface of a heap of powder and the flat plane.

Tan θ =tan-1(h/r)

Where, θ = is the point of rest

h=is the tallness

r =is the range

Stream properties and relating point of rest.

#### **Post-compression studies Clopidogrel fast disintegrant tablets**

##### **Hardness or Crushing strength Test<sup>13</sup>**

Hardness of the tablet was resolved utilizing the Monsanto hardness analyzer (The lower unclogger was set in contact with the tablet and a zero perusing was taken. The unclogged was then constrained against a spring by tuning a strung bolt until the tablet cracked. As the spring was packed a

pointer rides along a measure in the barrel to demonstrate the power. The power needed to break the tablet is estimated in kilograms and a devastating strength of 4Kg is typically viewed as the base for agreeable tablets. Oral tablets typically have a hardness of 4 to 10 kg; be that as it may, hypodermic and chewable tablets have a hardness of 3kg and some supported delivery tablets have a hardness of 10-20 kg5.

##### **Thickness Test<sup>14</sup>**

The thickness of the tablet is for the most part identified with the tablet hardness can be utilizes as beginning control boundary. Ten tablets were arbitrarily chosen from every tablet thickness was resolved utilizing a Vernier caliper and the perusing was recorded in millimeters.

##### **Friability Test<sup>15</sup>**

The pre-gauged tablets were put in the friabilator (EF-2, Electro lab, Mumbai) which was then worked for 100rpm, at that point tidied and rechecked. The Conventional packed tablets that lose under 0.5-1.0% of their weight are for the most part thought to be adequate.

Friability record = I-F/IX 100

Where,

I - Initial weight, F - Final weight

Weight variety test 24

Loads of 20 individual tablets were noted and their mean weight likewise determined. The rate deviation was determined by utilizing the accompanying recipe,

Rate deviation =  $[X-X^*/X] \times 100$

X - Actual load of the tablet,

X\*-Average load of the tablet

##### **Assessment of Drug Content<sup>16</sup>**

A precisely gauged measure of powdered Clopidogrel (100mg) was separated with water and the arrangement was sifted through 0.45μ film channel paper. The absorbance was estimated at 275 nm after appropriate dilution 6.

Estimation

The measure of Clopidogrel present in tablet can be determined utilizing the recipe

At/As x Sw/100 x 100

Where,

At = Absorbance of test planning,  
 As = Absorbance of Standard planning,  
 Sw = weight at Clopidogrel working norm (mg)

**In vitro Drug Release Studies**<sup>17-19</sup>

The in vitro drug discharge study was done for 24 hours utilizing USP paddle type disintegration test device in phosphate cushion (pH 6.8) at 75 rpm keeping up temperature at 37±0.50c. A 10ml of tests were gathered from every vessel at 0, 2, 4, 8, 12, 16 and 24 hours and investigated by UV spectrophotometer at 275nm. The removed example was promptly supplanted by equivalent volume of new cradle. The disintegration information got were plotted as rate drug discharge versus time

**In Vitro Disintegration**<sup>20-23</sup>

Six tablets of every plan were utilized to decide crumbling time. Phosphate cushion (pH 6.8) was utilized as a breaking down medium and temperature was looked after 37±0.50C. Normal breaking down season of six tablets was resolved. Phosphate cradle Media volume 900ml.

**RESULTS AND DISCUSSION**

**Table No.1: Formulation of mouth dissolving tablet prepared by Direct Compression method**

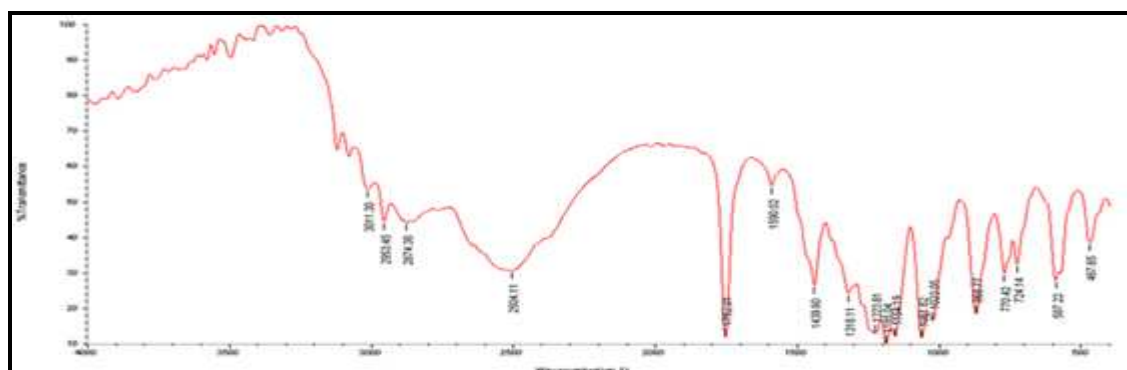
| S.No | INGREDIENT                 | F1  | F2  | F3  | F4  | F5  | F6  | F7  | F8  | F9  | F10 |
|------|----------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 1    | Clopidogrel                | 75  | 75  | 75  | 75  | 75  | 75  | 75  | 75  | 75  | 75  |
| 2    | Sodium starch glycolate    | 50  | 50  | 50  | 50  | 50  | -   | -   | -   | -   | -   |
| 3    | Potato starch              | -   | -   | -   | -   | -   | 50  | 50  | 50  | 50  | 50  |
| 4    | Magnesium stearate         | 25  | 25  | 25  | 25  | 25  | 25  | 25  | 25  | 25  | 25  |
| 5    | Microcrystalline cellulose | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| 6    | Avicel ph 102              | 225 | 225 | 225 | 225 | 225 | 225 | 225 | 225 | 225 | 225 |
| 7    | Talc                       | 25  | 25  | 25  | 25  | 25  | 25  | 25  | 25  | 25  | 25  |
| 8    | TOTAL                      | 500 | 500 | 500 | 500 | 500 | 500 | 500 | 500 | 500 | 500 |

**Table No.2: Pre-compression studies of fast disintegrant tablet granules**

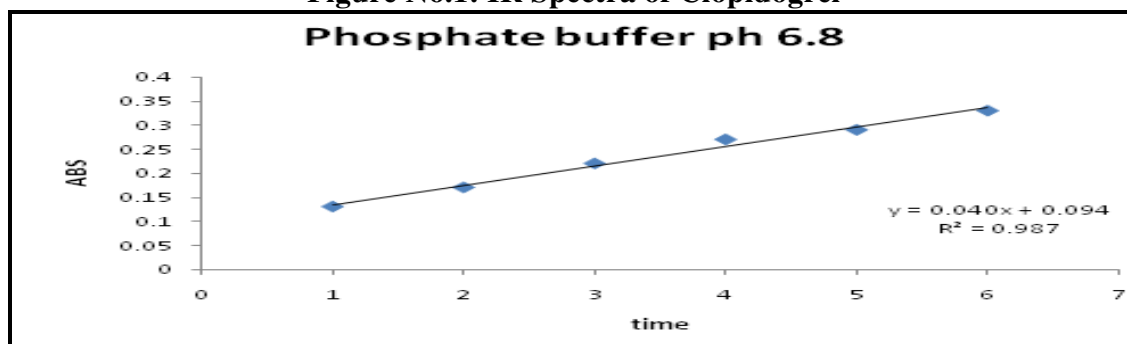
| Formulation | A Angle of repose | Bulk density | Tapped density | Carr's index | Haushner's ratio |
|-------------|-------------------|--------------|----------------|--------------|------------------|
| F1          | 28.10             | 0.25         | 0.25           | 0            | 1                |
| F2          | 29.29             | 0.24         | 0.25           | 4            | 1.04             |
| F3          | 29.59             | 0.25         | 0.26           | 3            | 1.04             |
| F4          | 29.59             | 0.25         | 0.26           | 3.8          | 1.04             |
| F5          | 27.74             | 0.26         | 0.27           | 3.7          | 1.03             |
| F6          | 28.23             | 0.25         | 0.25           | 0            | 1                |
| F7          | 28.89             | 0.23         | 0.25           | 8            | 1.08             |
| F8          | 29.59             | 0.23         | 0.23           | 0            | 1                |
| F9          | 29.59             | 0.25         | 0.26           | 3            | 1.04             |
| F10         | 27.74             | 0.26         | 0.27           | 3.7          | 1.03             |

**Table No.3: Evaluation of prepared Clopidogrel MDT**

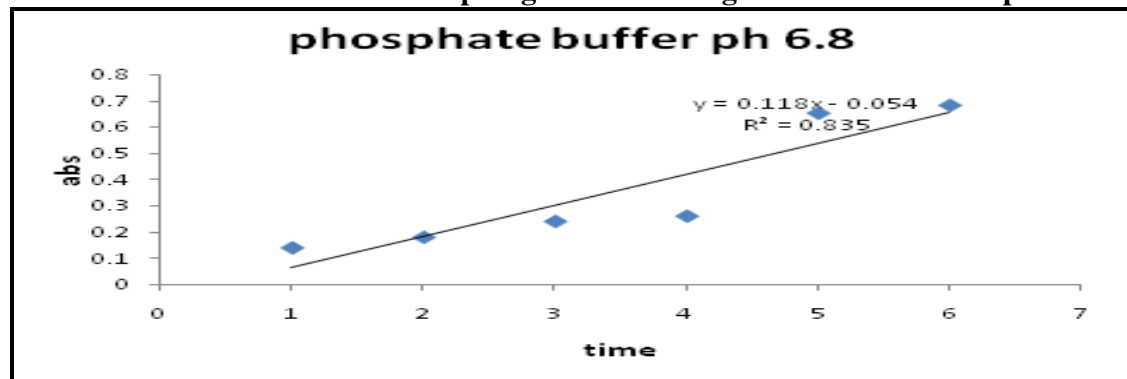
| Formulation code | Hardness (Kg/cm2) | Uniformity of weight (mg) | Friability (%) | Wetting Time(sec) | Disintegration Time(sec) |
|------------------|-------------------|---------------------------|----------------|-------------------|--------------------------|
| F1               | 3.1               | 501                       | 0.309          | 26                | 22                       |
| F2               | 3.2               | 502                       | 0.402          | 25                | 20                       |
| F3               | 3.4               | 501                       | 0.309          | 24                | 17                       |
| F4               | 3.1               | 500                       | 0.400          | 23                | 17                       |
| F5               | 3.2               | 499                       | 0.418          | 24                | 19                       |
| F6               | 3.1               | 501                       | 0.309          | 26                | 18                       |
| F7               | 4                 | 502                       | 0.399          | 24                | 17                       |
| F8               | 3.5               | 498                       | 0.401          | 22                | 16                       |



**Figure No.1: IR Spectra of Clopidogrel**



**Figure No.2: Dissolution studies of Clopidogrel MDT using Potato starch as superdisintegrant**



**Figure No.3: Dissolution studies of Clopidogrel MDT using sodium starch glycolate a superdisintegrant**

## CONCLUSION

Preformulation studies of Clopidogrel were performed, the FT-IR analysis revealed that the superdisintegrants and excipients used were compatible with Clopidogrel. Fast dissolving tablets Ciprofloxacin can be prepared by direct compression technique using superdisintegrants, namely potato starch and sodium starch glycolate. Amongst all the formulations, formulation containing sodium starch glycolate as super disintegrant is fulfilling all the parameters satisfactorily. It has shown excellent in vitro disintegration, in vitro dispersion time compared to potato starch.

## ACKNOWLEDGEMENT

The authors wish to express their sincere gratitude to Gourishankar Institute of Pharmaceutical Education and Research, Satara, Maharashtra, India for providing necessary facilities to carry out this research work.

## CONFLICT OF INTEREST

We declare that we have no conflict of interest.

## REFERENCES

1. Kavitha K, Kumutha Subramaniam, Boey Jia Hui, Santhi K, Dhanaraj S A, Rupesh Kumar M. Potential drug candidates for fast dissolving drug delivery - A review, *Res Jo of Pha, Bio and Che Sci*, 4(4), 2013, 1510-1526.
2. Sehgal P, Gupta R, Umesh Kumar S, Chaturvedi A, Sharma M. Fast dissolving tablets: A new venture in drug delivery, *Am. J. Pha Tec Res*, 2(4), 2012, 252-279.
3. Md Nehal S, Garima G, Pramod K S. Fast dissolving tablets: Preparation, characterization and evaluation: An overview, *Inter Jour of Pharma Sci Rev and Res*, 4(2), 2010, 87-96.
4. David E, Armen H T, Ethrin J A, April W. Armstrong. Principles of pharmacology, The pathophysiologic basis of drug therapy, *Wolters Kluwer (India) Pvt. Ltd, New Delhi*, 2<sup>nd</sup> Edition, 2008, 815.
5. Rajeev Soni, Galividyasagar. Design and development of quick dissolving tablet Containing loratadine by direct compression method, *International Journal of Pharmaceutical, Chemical and Biological Sciences*, 3(3), 2013, 771-800.
6. Redya Naik R, Aishwarya Madikanti, Sunitha T, Nusrath Yasmeen, Malathi P S, Vijay Kumar D, Gummadi Sridharbabu, Sujatha Ramavath, Srinu Naik S. Formulation and evaluation of oral dispersible tablets of clopidogrel bi sulfate by solid dispersion method, *Indo American Journal of Pharmaceutical Research*, 4(7), 2014, 3152-3162.
7. Rama Koteswara Rao K, Rajya Lakshmi K. Design, development and evaluation of Clopidogrel bisulfate floating tablets, *International Journal of Pharmaceutical Investigation*, 4(1), 2014, 19-26.
8. Gharge Varsha G et al. Comparative evaluation of disitegtrant properties in nimesulide tablet formulation by using natural and synthetic superdisintegrant, *International Journal of Research in Pharmaceutical and Nano Sciences*, 6(1), 2017, 1-9.
9. Omaima A, Mohammed A, Nagia A, Ahmed S. Formulation and optimization of mouth dissolve tablets containing rofecoxib solid dispersion, *AAPS Pharm Sci Tech*, 7(2), 2006, E1-E9.
10. Kumar V, Ajaykumar B. Formulation and evaluation of rapid disintegration tablets of moxifloxacin HCl, *Scholars Research Library*, 5(1), 2013, 238-250.
11. Sandeep D, Sri Lakshmi I, Umamaheswara R. Formulation and evaluation of fast disintegrating piroxicam tablets, *International Journal of Research in Pharmaceutical and Nano Sciences*, 2(6), 2013, 714-722.
12. Ravi K, Swati P. Formulation Evaluation of mouth dissolving tablets of fenofibrate using sublimation technique, *International Journal of Chem Tech Res* 1(4), 2009, 840-850.
13. Kalpesh G, Lalit T, Kori M., Sharmab C,

- Nemac R. Formulation and characterization of fast disintegrating tablet of aceclofenac by using sublimation method, *International Journal of Pharmaceutical Sciences and Drug Research*, 3(1), 2011, 19-22.
14. Anmol E, Nidhi P, Smit C, Hitesh J, Umesh U. Effect of mode of addition of superdisintegrants on fast dissolving tablet of diclofenac sodium, *Min Jour of Pharma and Med Sci*, 4(3), 2015, 4-8.
15. Akhila D, Ramya D, Vedha H. Enhancement of solubility of nimesulide in the presence of polymer with milling technique, *J. Pharm. Sci. and Res*, 4(9), 2012, 1907-1914.
16. Sunitha H, Parthiban S, Vikneshwari A, Senthil G, Tamiz M. Development and evaluation of captopril fast disintegrating or dissolving tablets by complexation techniques using guar gum as a superdisintegrant, *International Journal of Research in Pharmaceutical and Nano Sciences*, 4(2), 2015, 72-84.
17. Lakshmi C S R, Nitesh P, Hitesh P, Sagar A. Formulation and evaluation of oral dispersible tablets of cinnarizine using sublimation technique, 6(2), 2011, 178-182.
18. Manju N, Loveleen K, Janita C, Pratima S. Dissolution enhancement of domperidone fast disintegrating tablet using modified locust bean gum by solid dispersion technique, *Journal of Pharmaceutical Technology, Research and Management*, 4(1), 2016, 1-11.
19. Suhas S, Mahendra S. Development, characterization and optimization of fast-dissolve tablets of Esomeprazole and Enalapril by using solid dispersion technique, *Journal of Pharmacy Research*, 8(9), 2014, 1326-1335.
20. Patil Pradeep S, More Akshata K, Kadam Sunil, Vishwasrao Vishal, Patel Yagnik. Formulation and evaluation of orodispersible tablets of perindopril erbumine using natural superdisintegrant, *Journal of Drug Delivery and Therapeutics*, 3(5), 2013, 44-48.
21. Akhila S, Ramyadevi D, B.N. Vedha H. Effect of impact and attrition milling on nimesulide for solubility enhancement, *Int J App Pharm*, 5(2), 2013, 1-7.
22. Khaled M, Ahmed K Seham S. Preparation and evaluation of orodispersible tablets containing hydroxylbutyl- $\beta$ -cyclodextrin-simvastatin solid dispersion, *Tropical Journal of Pharmaceutical Research*, 12(4), 2013, 469-476.
23. Vijay B, Kiran T, Raj kumar D, Jithan A. Preparation and evaluation of orodispersible tablets of carbamazepine using different superdisintegrating agents, *Int. J. Pharm Tech Res*, 7(3), 2014, 438-447.

**Please cite this article in press as:** Gharge Varsha et al. Natural and synthetic polymer based mouth dissolving tablet of clopidogrel, *International Journal of Research in Pharmaceutical and Nano Sciences*, 10(3), 2021, 157-163.